

C.A.R.E.S.™: Daily Practices That Build a Culture of Belonging and Accountability

A practical, research-based training that equips educators and school leaders with high-impact routines to build safe, connected, and consistent learning environments every day.

The Problem Schools Face

Everyone wants better culture, stronger relationships, and consistent behavior, but:

- Students feel disconnected and dysregulated
- Teachers don't have a clear roadmap to respond consistently
- Expectations are vague or vary between classrooms
- Adults feel burnt out, frustrated, or unsure how to help
- Culture work is treated like an "extra," instead of a system

Most schools aren't struggling with buy-in; they're struggling with clarity and consistency.

The C.A.R.E.S.™ Framework

C.A.R.E.S.™ is ElevateEd's signature model for building Tier 1 relational systems, based on daily behavior, not one-time programs.

Letter	Focus	Practice
C	Connect Intentionally	Greet students at the door, use names, eye contact, and presence to create safety and belonging.
A	Activate the Culture	Start with a simple check-in, shared purpose, or social agreement reminder - set the tone early.
R	Reinforce Expectations	Teach, model, and revisit behavior and learning norms using clear, values-driven language.
E	Empower Through Response	Respond to off-track behavior with calm, relational redirection; restore rather than escalate.
S	Seal the Moment	End class or meetings with intention: affirmations, gratitude, student reflection, or launch.

Training for Educators: The C.A.R.E.S.™ Classroom

Designed for all teachers, this training gives your staff ready-to-use routines they can implement the very next day.

Educators Will Learn:

- How to build connection into the classroom rhythm (greeting, check-ins, affirmations)
- How to respond to behavior in calm, consistent ways that keep dignity intact
- How to build student accountability and belonging through proactive routines
- How to align with PBIS, MTSS, or restorative practices without adding more work
- Tools for starting class, teaching expectations, managing misalignment, and closing with care

Available as:

- 3-hour workshop
- Full-day training
- Coaching series with classroom modeling

Includes:

- Scripts, planning tools, and routines
- Slide deck + printable visuals for classroom use
- Behavior reflection templates

Training for Leaders: The C.A.R.E.S.™ Leadership Lab

Culture starts at the top. This training helps school leaders model and reinforce the practices that drive real change in staff behavior.

Administrators Will Learn:

- How to model C.A.R.E.S.™ in meetings, walk-throughs, and feedback conversations
- How to use observation tools and coaching guides to support staff implementation
- How to align C.A.R.E.S.™ with Tier 1, PBIS, MTSS, or restorative frameworks
- How to give feedback that builds psychological safety and raises expectations
- How to lead with clarity, consistency, and care, even during stress

Available as:

- Half-day PD
- Admin retreat module
- Ongoing leadership coaching

Includes:

- Staff feedback templates
- Behavior look-fors and reflection tools
- Monthly implementation tracker

What You Can Expect

Schools that implement C.A.R.E.S.™ experience:

- Increased staff consistency and confidence
- Stronger classroom culture across grade levels
- Reduction in reactive discipline and behavior escalation
- Students who feel seen, safe, and capable
- A shared language across staff, students, and leadership

“C.A.R.E.S.™ gave us a common framework and tools we could actually use. Our entire campus feels calmer and more connected, and behavior has improved.”

- Middle School Principal, ElevateEd Partner

How It Works

- 1 Book a Strategy Call**
We'll discuss your goals and determine the best training format for your team.
- 2 Choose the Delivery Format**
Select between in-person, virtual, or hybrid options for teachers and leaders.
- 3 Launch a Culture of Consistency and Connection**
Empower your team to use daily practices that shape behavior and build belonging.

Common Questions

Q: Is this only for large districts?

No - our MTSS framework scales from single-site schools to entire districts.

Q: How long does implementation take?

We offer a 2 day, 1 day and ½ day Professional Development, 3-12 month coaching and annual implementation plans. We know for sustainability we need at least 3-5 years of consistency, but we follow the gradual release model to ensure your systems are effective and sustainable.

Q: Is this only for large districts?

Yes - we'll help you align your current tools and strategies inside a unified MTSS system.